

Karzen Tennis & Basketball at

North Shore Racquet Club

Established In 1961

2860 Old Willow Road

Northbrook, Illinois 60062-6897

(847)729-0450 Fax - (847)729-3210

www.NorthShoreRC.com



2017-18 Brochure

Tennis 8 Indoor Courts, 2 Outdoor

Adults - Teams, Leagues, & Drills

Juniors - Teams, Leagues, & Drills (ages 8-18)

Little Sprouts and Tiny Tots Classes (ages 4-7)

Basketball Indoor & Outdoor

Juniors - Teams, Leagues, & Drills (ages 8-14)

Little Sprouts and Tiny Tots Classes (ages 4-7)

Private Lessons & Permanent Court Time

Jerry Karzen

*Club Owner &
Tennis Director*

John Karzen

*Basketball &
Co-Fitness Director*

Sheri Birndorf

Women's Tennis Director

Alex Cisneros

Co-Fitness Director

Jan Karzen

Club Manager

Tennis & Family – The Karzen Way

What a joy it's been to be able to combine family and tennis! Whether it's been competing with my father Dick, son Brett or daughters Becky, Brooke and Bridget in National Father/Son or Daughter Tournaments - to running North Shore Racquet Club with mother, Evelyn, brother John and sister Jan - it's been a **love** not a labor.

The Karzen Way is to provide an enthusiastic, positive environment for students to learn, improve, and have fun as they do it.

A few on court family accomplishments that we Karzens are proud of include:

- Jerry/Brett/Becky (and Jerry's father Dick) being inducted into the Chicago Tennis Hall of Fame in 2016
- Brett and Jerry winning 33 National Father/Son Championships and being ranked #1 in the nation 11 of the last 12 years -2005-2016
- Becky and Jerry winning 16 National Father/Daughter Championships and being ranked #1 in the nation 10 of the last 13 years – 2003-2016
- Becky and Jerry became the first Father/Daughter team to achieve a Career Grand Slam by winning all 4 of the National Father/Daughter Titles
- Brett and Jerry winning the National Father/Son Senior "Golden" Slam – Winning all 4 National Championships in the same year
- Dick Karzen and Jerry winning 4 National Father/Son Championships from 1977-1982
- Brother John winning the National Amateur Men's Dbls- 1990 and is a 3 Time Illinois State Doubles Champion
- Sister Jan being one of the first members of the University of Michigan's Women's Team and playing #2 Singles- 1975-1977
- Sister Kathy playing #1 for the University of Michigan Women's Team from 1976-1980 and being named All Big 10

Looking forward to our family getting to know yours!

Jerry Morse-Karzen



To keep up with Karzen Tennis & Basketball

Highlights

Introductory Adult Membership Deal

It just got easier to try us out! First year adult or husband/wife membership is now $\frac{1}{2}$ off! Get yourself on the courts!

Cardio with Carlos and Tracy! All Tennis Levels. (See Page 17)

Fast paced, high-energy workout! Get in shape and improve your tennis as well! **NO MEMBERSHIP REQUIRED**

Fitness Programs (See Page 22)

All trainers offer a **FREE $\frac{1}{2}$ hour personal training session** to see if it's right for you!

Women's Tennis (See Page 19)

Sheri Birndorf, Michelle Casati, Becky Moffatt (Karzen), and Leanne Baker lead the Women's Program. They lead one of the largest and strongest women's programs on the North Shore.

Men's Tennis (See Page 18)

Jerry Karzen, along with son Brett, run the Men's Program. Get involved, get better, get fit, and have fun!

- Men's Doubles Travel Teams (4.0, 4.5, and Open)
- Men's Travel Singles League (4.0 and 4.5↑level)
- Drills for 3.5,4.0,4.5 and Open

Junior Programs at NSRC (See Page 8)

Jerry Karzen, Alex Cisneros, Eben Abban, Brett Karzen, Becky Moffatt (Karzen) and Peter Kane lead one of the most successful Junior Programs in the Chicagoland area. Drills, Leagues, High School Boys and Girls Travel Doubles Teams, private lessons and a bevy of CDTA Jr Tournaments make NSRC a leader in Junior Tennis.

Back Again – We will continue to implement our Tennis Specific Fitness training in our junior classes, where we see “fit”. Certified personal trainers will take a 20-25 minute period each week and run the kids through workouts that will get them in better shape for tennis and life.

Enrollment Policy - Juniors and Adults enrolled in the previous session's programs get first choice at signing up for classes before classes are open to others on a first come, first serve basis. Open enrollment starts 8/2/17 for juniors and 8/9/17 for adults.

Current year membership fees must be paid to enroll.

Junior Tennis

Level 1 - Tiny Tots - 4-5 year olds who are new to tennis. Focus is on learning to move, balance, racquet and ball skills, hand eye coordination and basic tennis technique according to the USTA Quick Start Tennis Method which uses a 36-foot court and foam or low compression red balls. Goals are for kids to have fun and enjoy the experience of hitting a tennis ball.

Level 2 - Little Sprouts - 6-7 year olds that are learning to understand and play the game. We focus on movement, racquet skills, ball handling, balance, hand eye coordination, tennis technique, beginning rallying, playing and scoring according to the USTA Quick Start Tennis Method which uses a 36-foot court and foam or red balls.

Level 3 - Beginner/Intermediate - 8-10 year olds that are starting to develop basic forehand, backhand, volley and serve technique. They can rally in a 60-foot court and keep score. The stronger players are beginning to play full court (78 ft) points. They use low compression orange balls.

Level 4 - Tournament 1 - 10-12 year olds that can get serves in, keep score and play games. They're becoming more consistent and able to rally back and forth on full size court. Orange and green dot balls are used.

Level 5 - Tournament 2 - 10-13 year olds that can play games and are beginning to add power and placement to their shots. Some are starting to get spin on their serves and topspin on their groundstrokes. Green dot and yellow balls are used.

Level 6 - Tournament 3 - 11-14 year olds who are on track to make freshman/sophomore high school teams. Many have a line drive topspin groundstroke, proper volley technique, consistent serves, and are getting more comfortable coming to the net. All can play in Novice tournaments and many are playing in lower level USTA tournaments. Yellow balls are used.

Level 7 - Hitters - 13-15 year olds who are currently on high school freshman/sophomore tennis teams or will be making them. They're getting good at match play with respect to competing and learning winning strategies. Most have sound technique and some have developed weapons (i.e. big forehand) to win points. Yellow balls are used.

Level 8 - Team North Shore - Any age junior who has become a tournament player. They often play at least twice a week, have had or are currently taking private lessons and take their tennis seriously. They are planning on making the high school varsity tennis team and may have a junior ranking. Yellow balls are used.

Level 9 - Team North Shore PLUS - Any age junior who is a serious tennis player with respect to playing tournaments and who is ranked in Chicago and possibly the Midwest or Nationally. They work on their fitness, currently play or will be playing on varsity tennis teams in high school and plan on playing college tennis. Yellow balls are used.

Tiny Tots & Little Sprouts (Ages 4 through 7)

FALL SESSION

8/28/17 through 11/19/17

You can join a class already in session (if approved by Jerry) if spots are available. The price will be pro-rated.

NO MEMBERSHIP REQUIRED

*Class times and prices may change

Tiny Tots TENNIS - Level 1 (Foam Balls) (Ages: 4-5)

Mon. ^(a)	9:00 - 9:45am	8/28-11/13	11x's	\$231
Mon. ^(a)	2:15 - 3:00pm	8/28-11/13	11x's	\$231
Tue.	9:00 - 9:45am	8/29-11/14	12x's	\$252
Tue.	2:15 - 3:00pm	8/29-11/14	12x's	\$252
Wed.	9:00 - 9:45am	8/30-11/15	12x's	\$252
Wed.	2:15 - 3:00pm	8/30-11/15	12x's	\$252
Thurs.	9:00 - 9:45am	8/31-11/16	12x's	\$252
Thurs.	2:15 - 3:00pm	8/31-11/16	12x's	\$252
Sat. (1hr) ^(a)	9:00 - 10:00am	9/9-11/18	11x's	\$308

Little Sprouts TENNIS - Level 2 (Foam/Red Balls) (Ages: 6-7)

Tue. ^(b)	4:00 - 5:00pm	8/29-11/14	11x's	\$308
Tue. ^(b)	5:00 - 6:00pm	8/29-11/14	11x's	\$308
Wed.	4:00 - 5:00pm	8/30-11/15	12x's	\$336
Thurs.	4:00 - 5:00pm	8/31-11/16	12x's	\$336
Fri.	4:00 - 5:00pm	9/1-11/17	12x's	\$336
Sat. ^(a)	9:00 - 10:00am	9/9-11/18	11x's	\$308

Combo - Tennis & Basketball Tiny Tots (Ages: 4-5)

Mon. ^(a)	9:00-11:00am	8/28-11/13	11x's	\$450
Mon. ^(a)	1:00-3:00pm	8/28-11/13	11x's	\$450
Tues.	9:00-11:00am	8/29-11/14	12x's	\$495
Tues.	1:00-3:00pm	8/29-11/14	12x's	\$495
Wed.	9:00-11:00am	8/30-11/15	12x's	\$495
Wed.	1:00-3:00pm	8/30-11/15	12x's	\$495
Thurs.	9:00-11:00am	8/31-11/16	12x's	\$495
Thurs.	1:00-3:00pm	8/31-11/16	12x's	\$495

Tennis for 45 min / 15 min snack / Basketball for 60 min

Combo - Tennis & Basketball Little Sprouts (Ages: 6-7)

Tues. ^{*(b)}	4:00 - 6:00pm	8/29-11/14	11x's	\$527.08
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* 4-5pm B-Ball / 5-6 pm Tennis

^(a) No Classes on Labor Day Weekend ^(b) No Class on Halloween, 10/31/17

Tiny Tots & Little Sprouts (Ages 4 through 7)

WINTER SESSION

11/20/17 through 2/25/18

You can join a class already in session (if approved by Jerry) if spots are available. The price will be pro-rated.

NO MEMBERSHIP REQUIRED

*Class times and prices may change

Tiny Tots TENNIS - Level 1 (Foam Balls) (Ages: 4-5)

Mon.	9:00 - 9:45am	11/20-2/19	12x's	\$252
Mon.	2:15 - 3:00pm	11/20-2/19	12x's	\$252
Tue.	9:00 - 9:45am	11/21-2/20	12x's	\$252
Tue.	2:15 - 3:00pm	11/21-2/20	12x's	\$252
Wed.	9:00 - 9:45am	11/22-2/21	12x's	\$252
Wed.	2:15 - 3:00pm	11/22-2/21	12x's	\$252
Thurs.	9:00 - 9:45am	11/30-2/22	11x's	\$231
Thurs.	2:15 - 3:00pm	11/30-2/22	11x's	\$231
Sat. (1hr)	9:00 - 10:00am	11/25-2/24	12x's	\$336

Little Sprouts TENNIS - Level 2 (Foam/Red Balls) (Ages: 6-7)

Tue.	4:00 - 5:00pm	11/21-2/20	12x's	\$336
Tue.	5:00 - 6:00pm	11/21-2/20	12x's	\$336
Wed.	4:00 - 5:00pm	11/22-2/21	12x's	\$336
Thurs.	4:00 - 5:00pm	11/30-2/22	11x's	\$308
Fri.	4:00 - 5:00pm	11/24-2/23	12x's	\$336
Sat.	9:00 - 10:00am	11/25-2/24	12x's	\$336

Combo - Tennis & Basketball Tiny Tots (Ages: 4-5)

Mon.	9:00-11:00am	11/20-2/19	12x's	\$495
Mon.	1:00-3:00pm	11/20-2/19	12x's	\$495
Tues.	9:00-11:00am	11/21-2/20	12x's	\$495
Tues.	1:00-3:00pm	11/21-2/20	12x's	\$495
Wed.	9:00-11:00am	11/22-2/21	12x's	\$495
Wed.	1:00-3:00pm	11/22-2/21	12x's	\$495
Thurs.	9:00-11:00am	11/30-2/22	11x's	\$453.75
Thurs.	1:00-3:00pm	11/30-2/22	11x's	\$453.75

Tennis for 45 min / 15 min snack / Basketball for 60 min

Combo - Tennis & Basketball Little Sprouts (Ages: 6-7)

Tues.*	4:00 - 6:00pm	11/21-2/20	12x's	\$575
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* 4-5pm B-Ball / 5-6 pm Tennis

Note: No Classes 12/24/17- 1/6/18 (holiday break)

Tiny Tots & Little Sprouts (Ages 4 through 7)

SPRING SESSION

2/26/18 through 6/3/18

You can join a class already in session (if approved by Jerry) if spots are available. The price will be pro-rated.

NO MEMBERSHIP REQUIRED

*Class times and prices may change

Tiny Tots TENNIS - Level 1 (Foam Balls) (Ages: 4-5)

Mon. ^(a)	9:00 - 9:45am	2/26-5/21	13x's	\$273
Mon. ^(a)	2:15 - 3:00pm	2/26-5/21	13x's	\$273
Tue.	9:00 - 9:45am	2/27-5/29	14x's	\$294
Tue.	2:15 - 3:00pm	2/27-5/29	14x's	\$294
Wed.	9:00 - 9:45am	2/28-5/30	14x's	\$294
Wed.	2:15 - 3:00pm	2/28-5/30	14x's	\$294
Thurs.	9:00 - 9:45am	3/1-5/31	14x's	\$294
Thurs.	2:15 - 3:00pm	3/1-5/31	14x's	\$294
Sat. (1hr) ^(a)	9:00 - 10:00am	3/3 - 6/2	13x's	\$364

Little Sprouts TENNIS - Level 2 (Foam/Red Balls) (Ages: 6-7)

Tue.	4:00 - 5:00pm	2/27-5/29	14x's	\$392
Tue.	5:00 - 6:00pm	2/27-5/29	14x's	\$392
Wed.	4:00 - 5:00pm	2/28-5/30	14x's	\$392
Thurs.	4:00 - 5:00pm	3/1-5/31	14x's	\$392
Fri.	4:00 - 5:00pm	3/2-6/1	14x's	\$392
Sat. ^(a)	9:00 - 10:00am	3/3-6/2	13x's	\$364

Combo - Tennis & Basketball Tiny Tots (Ages: 4-5)

Mon. ^(a)	9:00-11:00am	2/26-5/21	13x's	\$536.25
Mon. ^(a)	1:00-3:00pm	2/26-5/21	13x's	\$536.25
Tues.	9:00-11:00am	2/27-5/29	14x's	\$577.50
Tues.	1:00-3:00pm	2/27-5/29	14x's	\$577.50
Wed.	9:00-11:00am	2/28-5/30	14x's	\$577.50
Wed.	1:00-3:00pm	2/28-5/30	14x's	\$577.50
Thurs.	9:00-11:00am	3/1-5/31	14x's	\$577.50
Thurs.	1:00-3:00pm	3/1-5/31	14x's	\$577.50

Tennis for 45 min / 15 min snack / Basketball for 60 min

Combo - Tennis & Basketball Little Sprouts (Ages: 6-7)

Tues.*	4:00 - 6:00pm	2/27-5/29	14x's	\$670
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* 4-5pm B-Ball / 5-6 pm Tennis

^(a) No Classes on Memorial Day Weekend (5/26 - 5/28)

Junior Tennis Drills/Classes (Ages 8 through 18)

FALL SESSION

8/28/17 through 1/14/18

MEMBERSHIP REQUIRED

Enrollment Policy: Juniors enrolled in the previous session's programs get first choice at signing up for classes before classes are open to others on a first come, first serve basis. Open enrollment starts 8/2/17.

All class/drill placements are based on ability level and age.
Tennis Specific fitness Training may be added to a class as needed.

Beginner / Intermediate - Level 3 (Red/Orange Balls) (Ages: 8-10)

Tue.	4:00 - 5:00pm	8/29/17-1/9/18	Jerry	17x's	\$476
Wed.	4:00 - 5:00pm	8/30/17-1/10/18	Dick	18x's	\$504
Thurs.	4:00 - 5:00pm	8/31/17-1/11/18	Leanne	17x's	\$476
Fri.	4:00 - 5:00pm	9/1/17-1/12/18	Eben	18x's	\$504
Sat. (a)	8:00 - 9:00am	9/9/17-1/13/18	Mark	17x's	\$476

Tournament 1 - Level 4 (Orange & Green Dot Balls) (Ages: 10-12)

Tue.	5:00 - 7:00pm	8/29/17-1/9/18	Becky	17x's	\$952
Fri.	5:00 - 7:00pm	9/1/17-1/12/18	Eben	18x's	\$1008

Tournament 2 - Level 5 (Green Dot and Yellow Balls) (Ages: 10-13)

Wed.	5:00 - 7:00pm	8/30/17-1/10/18	Becky	18x's	\$1008
Fri.	5:00 - 7:00pm	9/1/17-1/12/18	Eben	18x's	\$1008

Tournament 3 - Level 6 (Yellow Balls) (Ages: 12-14)

Mon. (a)	6:00 - 8:00pm	8/28/17-1/8/18	Peter	17x's	\$952
Wed.	5:00 - 7:00pm	8/30/17-1/10/18	Eben	18x's	\$1008

Hitters - Level 7 (Yellow Balls) (Ages: 13-15)

Mon. (a)	4:00 - 6:00pm	8/28/17-1/8/18	Jerry	17x's	\$952
Sat (a)	3:00 - 5:00pm	9/9/17-1/13/18	Eben	17x's	\$952

Team North Shore - Level 8 (Yellow Balls) Approval from Jerry Req'd

Wed.	7:00 - 9:00pm	8/30/17 - 1/10/18	Alex	18x's	\$1008
Thurs	5:00 - 7:00pm	8/31/17 - 1/11/18	Jerry	17x's	\$952

Team North Shore PLUS - Level 9 (Yellow Balls) Approval from Jerry Req'd.

Mon. (a)	7:00 - 9:00pm	8/28/17 - 1/8/18	Alex	17x's	\$952
Tue.	7:00 - 9:00pm	8/29/17 - 1/9/18	Jerry	18x's	\$1008

(a) No classes on Labor Day Weekend and Tuesday 10/31/17 (Halloween) for Beginner and Tournament 1. TMNS+ class DOES meet on Halloween.

Junior Tennis Drills/Classes (Ages 8 through 18)

WINTER/SPRING SESSION

1/15/18 through 6/3/18

MEMBERSHIP REQUIRED

Enrollment Policy: Juniors enrolled in the previous session's programs get first choice at signing up for classes before classes are open to others on a first come, first serve basis. Open enrollment starts Friday 1/5/18.

All class/drill placements are based on ability level and age.
Tennis Specific fitness Training may be added to a class as needed.

Beginner / Intermediate - Level 3 (Red/Orange Balls) (Ages: 8-10)

Tue.	4:00 - 5:00pm	1/16 - 5/29	Jerry	20x's	\$560
Wed.	4:00 - 5:00pm	1/17 - 5/30	Dick	20x's	\$560
Thurs.	4:00 - 5:00pm	1/18 - 5/31	Leanne	20x's	\$560
Fri.	4:00 - 5:00pm	1/19 - 6/1	Eben	20x's	\$560
Sat. (a)	8:00 - 9:00am	1/20 - 6/2	Mark	19x's	\$532

Tournament 1 - Level 4 (Orange & Green Dot Balls) (Ages: 10-12)

Tue.	5:00 - 7:00pm	1/16 - 5/29	Becky	20x's	\$1120
Fri.	5:00 - 7:00pm	1/19 - 6/1	Eben	20x's	\$1120

Tournament 2 - Level 5 (Green Dot and Yellow Balls) (Ages: 10-13)

Wed.	5:00 - 7:00pm	1/17 - 5/30	Becky	20x's	\$1120
Fri.	5:00 - 7:00pm	1/19 - 6/1	Eben	20x's	\$1120

Tournament 3 - Level 6 (Yellow Balls) (Ages: 12-14)

Mon. (a)	6:00 - 8:00pm	1/15 - 5/21	Peter	19x's	\$1064
Wed.	5:00 - 7:00pm	1/17 - 5/30	Eben	20x's	\$1120

Hitters - Level 7 (Yellow Balls) (Ages: 13-15)

Mon. (a)	4:00 - 6:00pm	1/15 - 5/21	Jerry	19x's	\$1064
Sat (a)	3:00 - 5:00pm	1/20 - 6/2	Eben	19x's	\$1064

Team North Shore - Level 8 (Yellow Balls) Approval from Jerry Req'd

Wed.	7:00 - 9:00pm	1/17 - 5/30	Alex	20x's	\$1120
Thurs	5:00 - 7:00pm	1/18 - 5/31	Jerry	20x's	\$1120

Team North Shore PLUS - Level 9 (Yellow Balls) Approval from Jerry Req'd.

Mon. (a)	7:00 - 9:00pm	1/15 - 5/21	Alex	19x's	\$1064
Tue.	7:00 - 9:00pm	1/16 - 5/29	Jerry	20x's	\$1120

(a) No classes on Memorial Day Weekend (5/26 - 5/28) and Easter Sunday (4/1/18)

Junior Leagues and Teams

FALL SESSION

8/28/17 through 1/13/18

MEMBERSHIP REQUIRED

League Day - Saturdays 9/9/17 - 1/13/18

Full Session - 17x's - **\$586.50** or

Half Session - 9x's (bi-weekly) - **\$400.50**

League Day - Sundays 9/10/17 - 1/14/18

Full Session - 17x's - **\$782** or

Half Session - 9x's (biweekly) - **\$504**

PLEASE NOTE THAT AN **UPDATED EMAIL ADDRESS AND PHONE NUMBER MUST BE GIVEN** FOR LEAGUE INFORMATION, SCHEDULES AND NOTICES.

Beginner League (Ages: 9-11)	Tournament 1 & 2 Players
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Sat. 8:30 – 10:00am (Singles / Doubles)

Run by: Peter Kane

Intermediate League (Ages: 10-12)	Tournament 3 Players
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Sun. 4:00 – 6:00pm (Singles / Doubles)

Run by: Andrew Kane

Advanced League (Ages: 12-15)	Hitters Players
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Sun. 12:00 - 2:00pm (Singles / Doubles)

Run by: Brett Karzen

Team North Shore League	Team NSRC Players
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Sun. 4:00 - 6:00pm (Singles/ Doubles)

Run by: Jerry Karzen

Team North Shore <u>PLUS</u> League	Team NSRC PLUS Players
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Sun. 2:00 – 4:00pm (Singles/ Doubles)

Run by: Jerry Karzen

Junior Travel Team (Ages: 9-14)	Tournament 1, 2 or 3 Players
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Fri./Sat. 6:00 – 8:00pm or 7:00 - 9:00pm \$32 - Billed per Time. Schedules will be emailed. Check the junior bulletin board (in the lounge) for sign-up sheets.

Boys High School Doubles Travel Teams

Two Teams Run by: Jerry Karzen and Brett Karzen.

Sat. 6:00 – 8:00pm (Bi-weekly) 2 hour/timed matches. September through January. **\$46 billed per match.** Matches are played against other clubs on a bi-weekly basis. Coaching is allowed during matches. Cell phone number (to text) is required for match scheduling purposes.

Note - No Classes Labor Day Weekend (9/2/17 - 9/4/17) or Winter Break (12/24/17 – 1/6/18) (See website for Winter Break Camp Info)

Junior Leagues and Teams

WINTER/SPRING SESSION

1/15/18 through 6/3/18

MEMBERSHIP REQUIRED

League Day - Saturdays 1/20/18 - 6/2/18

Full Session – 19x’s - **\$655.50** or

Half Session – 10x’s (biweekly) - **\$445**

League Day - Sundays 1/21/18 - 6/3/18

Full Session – 18x’s - **\$828** or

Half Session – 9x’s (biweekly) - **\$504**

PLEASE NOTE THAT AN **UPDATED EMAIL ADDRESS AND PHONE NUMBER MUST BE GIVEN** FOR LEAGUE INFORMATION, SCHEDULES AND NOTICES.

Beginner League (Ages: 9-11)	Tournament 1 & 2 Players
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Sat. 8:30 – 10:00am (Singles / Doubles)

Run by: Peter Kane

Intermediate League (Ages: 10-12)	Tournament 3 Players
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Sun. 4:00 – 6:00pm (Singles / Doubles)

Run by: Andrew Kane

Advanced League (Ages: 12-15)	Hitters Players
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Sun. 12:00 - 2:00pm (Singles / Doubles)

Run by: Brett Karzen

Team North Shore League	Team NSRC Players
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Sun. 4:00 - 6:00pm (Singles/ Doubles)

Run by: Jerry Karzen

Team North Shore <u>PLUS</u> League	Team NSRC PLUS Players
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Sun. 2:00 – 4:00pm (Singles/ Doubles)

Run by: Jerry Karzen

Junior Travel Team (Ages: 9-14)	Tournament 1, 2 or 3 Players
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Fri./Sat. 6:00 – 8:00pm or 7:00 - 9:00pm \$32 - Billed per Time. Schedules will be emailed. Check the junior bulletin board (in the lounge) for sign-up sheets.

Girls High School Doubles Travel Teams

Two Teams Run by: Jerry and Brett Karzen

Sat. 6:00 – 8:00pm (Bi-weekly) 2 hour/timed matches. January through May. **\$46 billed per match.** Matches are played against other clubs on a bi-weekly basis. Coaching is allowed during matches. Cell phone number (to text) is required for scheduling purposes.

Note - No Classes Memorial Day Weekend (5/26/18-5/28/18) and Easter Sunday (4/1/18).

Basketball Programs – FALL SESSION

8/28/17 through 11/19/17

NO MEMBERSHIP REQUIRED

*Class times and prices may change

Basketball Classes

Little Dribblers (Ages 4-5)

Mon. ⁽¹⁾	10:00- 11:00am	8/28-11/13	11x's	\$269.50
Mon. ⁽¹⁾	1:00- 2:00pm	8/28-11/13	11x's	\$269.50
Tue.	10:00-11:00am	8/29-11/14	12x's	\$294
Tue.	1:00-2:00pm	8/29-11/14	12x's	\$294
Wed.	10:00-11:00am	8/30-11/15	12x's	\$294
Wed.	1:00-2:00pm	8/30-11/15	12x's	\$294
Thurs.	10:00-11:00am	8/31-11/16	12x's	\$294
Thurs.	1:00-2:00pm	8/31-11/16	12x's	\$294

Dribblers (Ages 6-7)

Tue. ⁽²⁾	4:00-5:00pm	8/29-11/14	11x's	\$269.50
Wed.	4:00-5:00pm	8/30-11/15	12x's	\$294
Sat.	2:30-3:30pm	9/9-11/18	11x's	\$269.50

3 Pointers (Ages 8-11)

Mon. ⁽¹⁾	4:00-6:00pm	8/28-11/13	11x's	\$539
Wed.	5:00-7:00pm	8/30-11/15	12x's	\$588

Pre-Travel Class* (3rd/4th/5th graders)

Tue.	5:00-7:00pm	8/29 - 10/3	6x's	\$294
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*This class will help kids get ready for the travel season.

This is NOT a prerequisite to tryout for the team, nor does it guarantee placement.

GIRL'S ONLY Basketball (Ages 8-13)

Sun.	4:00-6:00pm	9/10-11/19	11x's	\$539
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Combo - Basketball & Tennis

Combo Little Dribblers / Tiny Tots (Ages 4-5)

Mon. ⁽¹⁾	9:00-11:00am	8/28-11/13	11x's	\$453.75
Mon. ⁽¹⁾	1:00-3:00pm	8/28-11/13	11x's	\$453.75
Tues.	9:00-11:00am	8/29-11/14	12x's	\$495
Tues.	1:00-3:00pm	8/29-11/14	12x's	\$495
Wed.	9:00-11:00am	8/30-11/15	12x's	\$495
Wed.	1:00-3:00pm	8/30-11/15	12x's	\$495
Thurs.	9:00-11:00am	8/31-11/16	12x's	\$495
Thurs.	1:00-3:00pm	8/31-11/16	12x's	\$495

Tennis for 45 min /15 min snack /Basketball for 60 min

Combo Dribblers / Little Sprouts (Ages 6-7)

Tues. ⁽²⁾	4:00 - 6:00pm	8/29-11/14	11x's	\$527.08
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GUNN 8000 Shooting Clinic w/Playsight Video Review! (Ages 11-13)

1 hour of shooting reps w/video analysis using PLAYSIGHT

Mon	6:00 - 7:00pm	8/28 - 11/13	11x's	\$335.50
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4-5pm B-Ball/5-6 pm Tennis ¹No Classes Labor Day Weekend. (2) No class on Halloween.

Basketball Programs – WINTER SESSION

11/20/17 through 2/25/18

NO MEMBERSHIP REQUIRED

*Class times and prices may change

Basketball Classes

Little Dribblers (Ages 4-5)

Mon.	10:00- 11:00am	11/20-2/19	12x's	\$294
Mon.	1:00- 2:00pm	11/20-2/19	12x's	\$294
Tue.	10:00-11:00am	11/21-2/20	12x's	\$294
Tue.	1:00-2:00pm	11/21-2/20	12x's	\$294
Wed.	10:00-11:00am	11/22-2/21	12x's	\$294
Wed.	1:00-2:00pm	11/22-2/21	12x's	\$294
Thurs.	10:00-11:00am	11/30-2/22	11x's	\$269.50
Thurs.	1:00-2:00pm	11/30-2/22	11x's	\$269.50

Dribblers (Ages 6-7)

Tue.	4:00-5:00pm	11/21-2/20	12x's	\$294
Wed.	4:00-5:00pm	11/22-2/21	12x's	\$294
Sat.	2:30-3:30pm	11/25-2/24	11x's	\$294

3 Pointers (Ages 8-11)

Mon. ⁽¹⁾	4:00-6:00pm	11/20-2/19	12x's	\$588
Wed.	5:00-7:00pm	11/22-2/21	12x's	\$588

GIRL'S ONLY Basketball (Ages 8-13)

Sun.	4:00-6:00pm	11/26-2/25	12x's	\$588
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Combo - Basketball & Tennis

Combo Little Dribblers / Tiny Tots (Ages 4-5)

Mon.	9:00-11:00am	11/20-2/19	12x's	\$495
Mon.	1:00-3:00pm	11/20-2/19	12x's	\$495
Tues.	9:00-11:00am	11/21-2/20	12x's	\$495
Tues.	1:00-3:00pm	11/21-2/20	12x's	\$495
Wed.	9:00-11:00am	11/22-2/21	12x's	\$495
Wed.	1:00-3:00pm	11/22-2/21	12x's	\$495
Thurs.	9:00-11:00am	11/22-2/21	11x's	\$453.75
Thurs.	1:00-3:00pm	11/22-2/21	11x's	\$453.75

Tennis for 45 min /15 min snack /Basketball for 60 min

Combo - Tennis & Basketball Little Sprouts (Ages: 6-7)

Tues.*	4:00 - 6:00pm	11/21-2/20	12x's	\$575
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* 4-5pm B-Ball / 5-6 pm Tennis

GUNN 8000 Shooting Clinic w/Playsight Video Review! (Ages 11-13)

1 hour of shooting reps w/video analysis using PLAYSIGHT

Mon	6:00 - 7:00pm	11/20 - 2/19	12x's	\$366
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Basketball Programs – SPRING SESSION

2/26/18 through 6/3/18

NO MEMBERSHIP REQUIRED

*Class times and prices may change

Basketball Classes

Little Dribblers (Ages 4-5)

Mon. ⁽¹⁾	10:00- 11:00am	2/26-5/21	13x's	\$318.50
Mon. ⁽¹⁾	1:00- 2:00pm	2/26-5/21	13x's	\$318.50
Tue.	10:00-11:00am	2/27-5/29	14x's	\$343
Tue.	1:00-2:00pm	2/27-5/29	14x's	\$343
Wed.	10:00-11:00am	2/28-5/30	14x's	\$343
Wed.	1:00-2:00pm	2/28-5/30	14x's	\$343
Thurs.	10:00-11:00am	3/1-5/31	14x's	\$343
Thurs.	1:00-2:00pm	3/1-5/31	14x's	\$343

Dribblers (Ages 6-7)

Tue.	4:00-5:00pm	2/27-5/29	14x's	\$343
Wed.	4:00-5:00pm	2/28-5/30	14x's	\$343
Sat.	2:30-3:30pm	3/3-6/2	13x's	\$318.50

3 Pointers (Ages 8-11)

Mon. ⁽¹⁾	4:00-6:00pm	2/26-5/21	13x's	\$637
Wed.	5:00-7:00pm	2/28-5/30	14x's	\$686

Advanced 3-Pointers Class (Ages 11-13)

Tue.	5:00-7:00pm	4/17 - 5/29	7x's	\$343
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GIRL'S ONLY Basketball (Ages 8-13)

Sun.	4:00-6:00pm	3/4-6/3	12x's	\$588
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Combo - Basketball & Tennis

Combo Little Dribblers / Tiny Tots (Ages 4-5)

Mon. ⁽¹⁾	9:00-11:00am	2/26-5/21	13x's	\$536.25
Mon. ⁽¹⁾	1:00-3:00pm	2/26-5/21	13x's	\$536.25
Tues.	9:00-11:00am	2/27-5/29	14x's	\$577.50
Tues.	1:00-3:00pm	2/27-5/29	14x's	\$577.50
Wed.	9:00-11:00am	2/28-5/30	14x's	\$577.50
Wed.	1:00-3:00pm	2/28-5/30	14x's	\$577.50
Thurs.	9:00-11:00am	3/1-5/31	14x's	\$577.50
Thurs.	1:00-3:00pm	3/1-5/31	14x's	\$577.50

Tennis for 45 min /15 min snack /Basketball for 60 min

Combo - Tennis & Basketball Little Sprouts (Ages: 6-7)

Tues.*	4:00 - 6:00pm	2/27-5/29	14x's	\$670
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* 4-5pm B-Ball / 5-6 pm Tennis

GUNN 8000 Shooting Clinic w/Playsight Video Review! (Ages 11-13)

1 hour of shooting reps w/video analysis using PLAYSIGHT

Mon ⁽¹⁾	6:00 - 7:00pm	2/26 - 5/21	13x's	\$396.50
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(1) No class Memorial Day 5/28/18

Basketball Leagues and Teams

FALL (8/31/17 - 11/17/17)

Basketball In-House League

Full Court, 4 on 4, no free throw league with extra emphasis on sportsmanship and team play. John Karzen will arrange teams and games, sign up as a group or as individuals.

Dribblers League (Ages 7-8)

Thursdays 4:00 - 5:00pm or 5:00 - 6:00pm (Games)
and Saturdays 1:00 - 2:30pm (bi-weekly) Practice/pick-up games
8/31 - 11/16 Thursday Games and Saturday Practices 12x's thurs/6x's sat \$342

3-Pointers League (Ages 9-12)

Fridays 4:00 - 5:00pm or 5:00 - 6:00pm or 6:00 - 7:00pm (Games)
and Saturdays 1:00 - 2:30pm (Biweekly) Practice/pickup games
9/1 - 11/17 Friday Games and Saturday Practices 12x's thurs/6x's sat \$342

WINTER (11/30/17 - 2/23/18)

Basketball In-House League

Full Court, 4 on 4, no free throw league with extra emphasis on sportsmanship and team play. John Karzen will arrange teams and games, sign up as a group or as individuals.

Dribblers League (Ages 7-8)

Thursdays 4:00 - 5:00pm or 5:00 - 6:00pm (Games)
and Saturdays 1:00 - 2:30pm (bi-weekly) Practice/pick-up games
11/30 - 2/22 Thursday Games and Saturday Practices 11x's thurs/6x's sat \$313.50

3-Pointers League (Ages 9-12)

Fridays 4:00 - 5:00pm or 5:00 - 6:00pm or 6:00 - 7:00pm (Games)
and Saturdays 1:00 - 2:30pm (Biweekly) Practice/pickup games
11/24 - 2/23 Friday Games and Saturday Practices 12x's thurs/6x's sat \$342

Basketball Leagues and Teams

SPRING (3/1/18 - 6/1/18)

Basketball In-House League

Full Court, 4 on 4, no free throw league with extra emphasis on sportsmanship and team play. John Karzen will arrange teams and games, sign up as a group or as individuals.

Dribblers League (Ages 7-8)

Thursdays 4:00 - 5:00pm or 5:00 - 6:00pm (Games)

and Saturdays 1:00 - 2:30pm (bi-weekly) Practice/pick-up games

3/1 - 5/31 Thursday Games and Saturday Practices 14x's thurs/6x's sat \$399

3-Pointers League (Ages 9-12)

Fridays 4:00 - 5:00pm or 5:00 - 6:00pm or 6:00 - 7:00pm (Games)

and Saturdays 1:00 - 2:30pm (Biweekly) Practice/pickup games

3/2 - 6/1 Friday Games and Saturday Practices 14x's thurs/6x's sat \$399

Boys Basketball Travel Teams 3rd through 5th Grade

John Karzen runs and directs travel teams for 3rd, 4th, and 5th grades. Teams may consist of up to 12 players, playing time is equal until last 2 minutes of close game. Each team will play 15-18 games per session. Games will be a combination of in-house leagues, local house leagues and local tournaments (within 35 minutes of NSRC). A team try-out is required.

Team cost is a flat rate of \$825 per session. This fee includes, practices, tournament entries, reversible jersey, and team banquet. Anyone interested please email Johnkarzen@northshorerc.com or call John at (847) 778-8760.

Fall/Winter Session 10/12/17 to 1/11/18

Winter/Spring Session 1/16/18 to 4/12/18

3rd, 4th, and 5th Grade Boys Travel Team Practices

On average, players should try to come to 2 practices per week. 22 practice times* are covered in the cost but you are free to come to all 30 if you want, at no extra charge. The practice times are:

Tuesday 5:15 - 6:45pm Thursday 5:15 - 6:45pm Some Saturdays 3:30 - 5:00pm

Fall/Winter Try-Outs

Thursday, October 12th, 5:15 - 6:45pm or Saturday, October 14th, 3:30-5pm

Winter/Spring Try-Outs

Saturday, January 13th 3:30-5:00pm

TFAN Tennis for Almost Nothing

NO MEMBERSHIP REQUIRED

TFAN is an introductory adult (men or women) tennis **program for the Beginner /Advanced Beginner**, at reduced rates, to learn the game of tennis. The program consists of 3 sessions of approximately 12 weeks covering the fundamentals of the game, stroke production and game strategies.

Sessions

Fall Session - 9/5/17 - 11/22/17
 Winter Session - 11/27/17 - 3/2/18
 Spring Session - 3/5/18 - 5/25/18

Cost

1st TFAN session - \$414/12x
 2nd TFAN session - \$450/12x
 3rd TFAN session - \$486/12x

Class Times

Mon.* 9:30-11:00am or 1:00–2:30pm
 Tues. 9:30-11:00am or 1:00–2:30pm
 Wed. 9:30-11:00am or 1:00–2:30pm
 Thurs* 9:30-11:00am or 1:00–2:30pm
 Fri* 9:00-10:30am or 2:30-4:00pm

Note: *After a person completes 3 sessions of TFAN they will need to purchase a Tennis Membership to sign up for tennis programs and tennis leagues.*

* 11x for Mon, Thurs, Fri of 1st Session

Private TFAN classes can be formed any day or any time, if you have 3 or more people in your group. Contact Jerry Karzen at (847) 729-0450 if you are interested.

Cardio Tennis with Carlos or Tracy

A great way to start the day is with a fast paced, high-energy workout. Burn some calories, get in shape, and improve your tennis as well.
 All tennis levels are welcome.

Monday thru Friday 6:00 - 7:00 A.M
Saturday 6:30 – 8:00 A.M. or 7:30 - 9:00 A.M.

	1 Pro/1hr	2 Pros/1hr	1 pro/1.5 hours	2 pros/1.5hr
2 people	\$39/each	N/A	\$58.50/each	N/A
3 people	\$29/each	N/A	\$43.50/each	N/A
4-5 people	\$25/each	N/A	\$37.50/each	N/A
6 people	\$20/each	\$29/each	N/A	\$43.50/each
7+	N/A	\$25/each	N/A	\$37.50/each

Adult & Men's Tennis Programs

Fall Session: 9/5/17 - 1/14/18

Winter/Spring Session: 1/15/18 - 5/25/18

MEMBERSHIP REQUIRED

NSRC Adult Tennis programs are for either men or women that fit into the level of the class. The programs have great flexibility.

Beginner/Adv. Beginner classes are available through the TFAN Program. See page 12. **Cardio Tennis** is available with *Carlos & Tracy* Monday thru Friday from 6:00-7:00 A.M, Saturdays from 6:30 - 8:00 A.M, and Saturdays from 7:30 – 9:00 A.M. All levels are welcome. See page 12.

Adult Drill /Play 24 Hour Cancellation Policy

Level	Day	Time	Lead Pro	Pricing
4.0	Sat.	10-12(Noon)	Jerry/Peter	Pay Per Time - \$64 Drill Starts 9/9/17 and then runs bi-weekly on Non-Match Saturdays
3.5 - 4.0	Mon.	8-9:30pm	Miranda	Pay Per Time - \$48
4.5 & ↑(Fall)	Thurs.	7-9pm	Jerry	16x's Total - Pkg Plan or Per Time <ul style="list-style-type: none"> • Package Plan - 14x's per session (\$756) billed at beginning of the session. After coming 14x's you will be billed per time at the package rate of \$54 for any additional times. • Pay Per Time \$64/Time
4.5 & ↑ (Wint/Spring)	Thurs.	7-9pm	Jerry	19x's Total - Pkg Plan or Per Time <ul style="list-style-type: none"> • Package Plan - 17x's per session (\$918) billed at beginning of the session. After coming 17x's you will be billed per time at the package rate of \$54 for any additional times. • Pay Per Time \$64/Time

Men's Travel Teams - Doubles

Level	Match Day ^(a)	Drill Days	Pro
4.0	Sat. 10-12	Non-Match Sat. 10-12(Noon), Mon 8-9:30pm	Jerry
4.5↓	Sat. 12-2 pm	Thurs 7-9pm	Jerry
4.6↑	Sat. 12-2 pm	Thurs 7-9pm	Jerry

(a) Matches played Biweekly at \$32 per match

Men's Travel Teams – Singles

4.5 ↑	Sundays 7:30-9am	Bi-Weekly Matches	Pro: Jerry \$42/Match
4.0	Sundays 7:30-9am	Bi-Weekly Matches	Pro: Jerry \$42/Match

On non-match Sundays, in-house singles matches will be held.

Women's Tennis

FALL SESSION

9/5/17 - 1/14/18 **MEMBERSHIP REQUIRED**

NSRC has an outstanding tennis program for women led by Sheri Birndorf, Michelle Casati, Becky Moffatt (Karzen), Leanne Baker, Alex Cisneros, and Jerry Karzen. We offer drills, teams, and leagues for all levels. Our drills keep a 4:1 player to pro ratio with flexible makeup sessions for missed classes.

Women's Drill/Play

Level	Day	Time	Lead Pro	# Times	Price
3.0	Wed	9-11am	Andrew	17x's	\$918
3.0 - 3.5	Mon	9-11am	Sheri	16x's	\$864
3.5 - 4.0	Wed*	11-1pm	Sheri	11x's	\$594
	Tues	9-11am	Sheri	17x's	\$918
4.0 - 4.5	Mon	11-1pm	Sheri	16x's	\$864
	Fri *	10:30-12pm	Sheri	9x's	\$364.50
4.5	Tues	11-1pm	Sheri	17x's	\$918
	Wed	9-11pm	Sheri	17x's	\$918
	Thurs	11-1pm	Alex	16x's	\$864
4.6↑	Mon	1-3pm	Jerry	16x's	\$864

* Biweekly Drill

Pro/Am Doubles Leagues

A 3:1 player to pro ratio, 25-minute warm-up, 3 rounds of doubles played with the pro changing partners each round.

Level	Day	Time	Lead Pro	# Times	Price
3.0-3.5	Fri.	9-10:30 am	Michelle	16x's	\$720

Singles Drills (Focus Primarily on Singles Play)

Level	Day	Time	Lead Pro	#Times	Price
3.5-4.0	Mon	11-12:30pm	Michelle	16x's	\$672

Women's Tennis

WINTER/SPRING SESSION

1/15/18 - 5/25/18 MEMBERSHIP REQUIRED

NSRC has an outstanding tennis program for women led by Sheri Birndorf, Michelle Casati, Becky Moffatt (Karzen), and Leanne Baker. We have drills, teams, and leagues for all levels. Our drills keep a 4:1 player to pro ratio with flexible makeup sessions for missed classes.

Women's Drill/Play

Level	Day	Time	Lead Pro	# Times	Price
3.0	Wed	9-11am	Andrew	19x's	\$1026
3.0 - 3.5	Mon	9-11am	Sheri	19x's	\$1026
3.5 - 4.0	Tues	9-11am	Sheri	19x's	\$1026
	Wed*	11-1pm	Sheri	11x's	\$594
4.0 - 4.5	Mon	11-1pm	Sheri	19x's	\$1026
	Fri *	10:30-12pm	Sheri	10x's	\$405
4.5	Tues	11-1pm	Sheri	19x's	\$1026
	Wed	9-11pm	Sheri	19x's	\$1026
	Thurs	11-1pm	Alex	19x's	\$1026
4.6↑	Mon	1-3pm	Jerry	19x's	\$1026

* Biweekly Drill

Pro/Am Doubles Leagues

A 3:1 player to pro ratio, 25-minute warm-up, 3 rounds of doubles played with the pro changing partners each round.

Level	Day	Time	Lead Pro	# Times	Price
3.0-3.5	Fri.	9-10:30 am	Michelle	19x's	\$855

Singles Drills (Focus Primarily on Singles Play)

Level	Day	Time	Lead Pro	#Times	Price
3.5-4.0	Mon	11-12:30pm	Michelle	19x's	\$798

Women's Travel Teams

MEMBERSHIP REQUIRED Year Session: 9/5/17 - 5/25/18

Travel Teams – Doubles

Level	Drill Days	Match Day ^(a)	Pro
3.0	M 9:00-11, W 9-11, Fri 9-10:30 Pro-Am	Thurs. 11-1	Michelle
3.5 N West	M 9-11, T 9-11, W 11-1	Wed. 11-1	Michelle
4.0 Wednesday	M 11-1, T 9-11, W 11-1	Wed. 11-1	Sheri
4.5 Red (N Central)	M 11-1, W 9-11, Fri 10:30-12	Fri. 12:30 - 2:30	Sheri
4.5 N West (Green)	M 11-1, W 9-11, Fri 10:30-12	Fri. 10:30-12:30	Sheri
4.6↑ Open NC Red	M1-3, T11-1, Th 11-1	Fri. 10:30-12:30	Leanne
4.6↑ Open NC Red	M1-3, T11-1, Th 11-1	Fri. 12:30 - 2:30	Jerry
4.6↑ Open N West 1	M1-3, T11-1, Th 11-1	Fri. 10:30 - 12:30	Leanne
4.6↑ Open N West 2	M1-3, T11-1, Th 11-1	Fri. 12:30 - 2:30	Jerry

Matches are played biweekly @ \$32 per match.

Note: It is possible to be on a team and not drill in the specific team drill

Travel Teams – Singles

Level	Match Day	Pro
3.0-3.5	Thurs. 1-2:30	Becky
4.0-4.5	Thurs. 1-2:30	Becky
4.5 Red – Open Level	Thurs. 1-2:30	Becky

Matches are played biweekly @ \$42 per time

Fitness

Alex Cisneros and John Karzen are NSRC's co-Fitness Directors. Sharon Davis is our **certified head trainer**.

All trainers offer a FREE 1/2-hour personal training session to make getting started easy!

(No fitness membership is required when you work with a trainer, enroll in a fitness class, or have a tennis membership.)

Contact Alex at tmetrvl@aol.com or call (847) 962-9153 if you would like a free orientation or free 1/2-hour training session.

Our expanded fitness center includes:

- Fitness Studio
- Treadmills, Bikes, Ellipticals
- Free Weights, Dumbbells, Spri Bands & Medicine Balls
- Tru Stretch Machine
- Life Fitness Dual Adjustable Pulley Machine,
- Versa Flexx Machine and more...

The Pro Shop

Becky (Karzen) Moffatt, Pro Shop Director, carries the latest racquets and accessories for players of all ages. Get expert racquet stringing from our certified U.S.R.S.A. Stringer, Dick Amos. Member specials are run frequently.

Tennis or Basketball Parties

Parties can be booked at the club and run by our pros. The Lounge can be used for cake or refreshments. Available for juniors or adults.

The Pros

NSRC provides its members one of the best professional teaching staffs on the North Shore. ***Tennis Director, Jerry Karzen, leads the staff. Jerry played in Wimbledon, U.S. Open, French Open and has been teaching for over 40 years.*** A few career highlights of each of our pros are:

Eben Abban

- Played #1 for New Mexico Military Institute and Cameron Univ.
- Played ATP Satellite tournaments / invited to play on the Ghana Davis Cup Team
- Taught at Rod Schroeder National Tennis Camp

Dick Amos

- Former Glenbrook North Varsity Tennis Player
- Has been involved teaching/working at North Shore for over 35 years

Leanne Baker

- Ranked #1 in world in Junior Doubles
- Played in all 4 Grand Slams
- Won 7 Singles Titles and 19 Doubles Titles on the circuit
- Played Fed Cup for New Zealand for 12 years

Sheri Birndorf

- 3 Year State Team Champions – New Trier H.S.
- Univ. of Wisconsin Scholar/Athlete Award
- 20+ Years NSRC Tennis Professional and NSRC Women's Tennis Director

Mike Brual

- U.S.P.T.A. Certified
- Taught at Green Acres Country Club 1998-2004
- Tennis Pro at Northmoor Country Club Since 2005

Michelle Casati

- 1981 Illinois State H.S. Singles Champion
- Ranked as high as #18 in the World in Singles
- Played Wimbledon, U.S., French & Australian Open
- Tennis Magazine Women's Professional Rookie of the Year - 1984

Alex Cisneros

- Former Varsity Tennis Team Member – Deerfield H.S.
- Played College Tennis at St. Leo and College of the Desert
- 22 Years NSRC Tennis Professional

Carlos Cisneros

- Former Varsity Tennis Team Member – Deerfield H.S.
- 25 Year Tennis Professional at NSRC, Glenview Club, Multiplex.

Mark Davidson

- Former Varsity Tennis Team Member – Deerfield H.S.
- 4 Years College Tennis - Univ. of Wisconsin - Oshkosh

The Pros (continued)

Sharon Davis

- Played on the Varsity Tennis Team at OPRF & NIU
- Plays on the Women's Open Team at NSRC
- 15+ years Tennis Instructor at NSRC for juniors and adults
- 5th year as an Asst. Girls Varsity Coach at NT

Maria Fernitz

- Former York High School All State Player
- Played College tennis at Miami of Ohio

Andrew Kane

- Former New Trier H.S. Tennis Team Player
- 16 Years NSRC Teaching Professional.

Peter Kane

- 20+ Years NSRC Teaching Professional.
- 15 Years Jerry Karzen Tennis Camp Co-Director
- Developed Numerous Ranked Junior Players

Jan Karzen

- Member of University of Michigan's FIRST Women's Tennis team
- CTDA Ranked Doubles and Mixed Doubles Player

John Karzen

- Played 4 years at Univ. of Michigan, Captain Senior Year
- National Amateur Clay Court Doubles Champion - 1990
- 4 Time All State New Trier H.S.

Becky Moffatt (Karzen)

- 5 Time All American at University of Mary Washington
- #1 National Ranking Father/Daughter Doubles 2005-2008, 2010-2016
- 2 Time New Trier All State Player
- Voted Outstanding Female Scholar Athlete Univ. of Mary Washington '08-'09
- 16 Time National Father/Daughter Champion

Brett Karzen

- #1 National Ranking Father/Son Doubles 2005-2016
- 33 Time National Father/Son Champion
- 3 Time All-American at Gustavus Adolphus College
- 3 Time Illinois State Doubles Champion / USPTA Certified

Miranda Rodriguez

- 2015 USPTA Texas U30 Rookie of the Year
- Nominated for National USPTA Texas U30 Award in 2016

Club Information

Indoor Season

Aug 28th, 2017 – June 3rd, 2018

Mon.– Thurs. 6:00am - 10:00pm.

Fri.– Sun.* 6:00am. - 8:00pm

*Early closing if no courts are booked.

Summer Season

June 11th, 2018 – Aug 17, 2018

Monday – Friday 7:30 a.m - 3:45 p.m.

Saturday & Sundays – club may open if it is raining and club can be staffed

Please note: The club is closed Memorial Day Weekend, Labor Day Weekend, Thanksgiving, Christmas, and New Year's Day

MEMBERSHIPS

Junior (Beginner/Intermediate)	\$ 95	Individual – Adult/ ^{1st} Year	\$ 247. ⁵⁰
Junior (Tournament 1 – Age 24) ^a	\$ 195	Individual – Adult	\$ 495
Junior Adult (Age 25-29) ^a	\$ 350	Husband & Wife	\$ 695
Senior (Age 65+) ^a	\$ 350	Husband & Wife - 1 st Year	\$ 297. ⁵⁰
Early Bird/Night Owl*	\$ 350	Senior Husband & Wife ^{ab}	\$ 595
Fitness Only	\$ 360	Family	\$ 795
		Adult Team Only	\$ 195

* 6 –9:00am / 8:00pm – Close

^a Must provide proof of age after age 18, Drivers License or Birth Certificate

^b Only one needs to be 65 or older.

HOURLY COURT RATES (NON-MEMBERS ADD \$8 PER HOUR)

Mon. - Thurs.	7am - 5pm	\$34	Sat. – Sun.	7am - 6pm	\$40
Mon. - Thurs.	5 pm - 10pm	\$40	Sat. – Sun.	6pm - 10pm	\$34
Fri.	7am - 10pm	\$34	Holidays	6am - 10pm	\$40
Junior Rate	(anytime)	\$21			

PRIVATE LESSONS

All Private lessons will be arranged upon request. After 3 private tennis lessons you **must become a member**. For Tennis contact Jerry Karzen (847) 729-0450 or email: JerryMorseKarzen@northshorerc.com. For Basketball contact John Karzen (847) 729-0450 or email: JohnKarzen@northshorerc.com

½ Hr. Private (1 Person)	\$62	Semi-Private (2 People) 1 Hr.	\$55 each
¾ Hr. Private (1 Person)	\$82	3 People 1 Hr.	\$40 each
1 Hr. Private (1 Person)	\$100	4 People 1 Hr.	\$32. ⁵⁰ each

FITNESS PERSONAL TRAINING

All sessions will be arranged upon request. Please contact John Karzen or Alex Cisneros Co-Fitness Directors at (847) 729-0450 or email John at

JohnKarzen@northshorerc.com or Alex at AlexCisneros@northshorerc.com

1 Hr. Session -	\$ 85	½ Hr. Session-	\$ 55	¾ Hr. Session -	\$ 70
Package of 10 Sessions - \$800					

THE BALL MACHINE (NON-MEMBERS ADD \$8 PER HOUR)

A great way to work on technique and consistency when you want to play but can't find a partner. It grooves your strokes, never misses and won't talk back!

Adult \$40 per hour (Non-Member add \$8) Junior Member \$21/per hour

Registration, Payment, and Make-up Policies

- 1) **A membership* to North Shore Racquet Club is required for all participants in Adult or Junior Tennis Classes, Drills, Leagues or Teams. In order for a registration to be accepted and a spot held in a program, class, drill or team the participant's membership must be paid in full at the time of registration.**
(See page 19 for current membership rates.)

**No membership is required for Adult TFAN, Tiny Tots Tennis, Little Sprouts Tennis, and all Basketball Programs.*

- 2) Fall Sessions will be billed after the start of the session. Prompt payment (within 30 days) is expected. Participants with delinquent accounts, will not be able to continue in the session until payment is made. If a special payment plan is needed, please contact Jan Karzen, Club Manager as soon as possible. Payment plans need to be set up before an account becomes delinquent in order to continue in the session without interruption.
- 3) **MAKE-UPS** – Make-up classes are allowed during the same session (that the classes have been missed in) and must be arranged through NSRC staff before attending.
Make-ups **DO NOT** carry over from one indoor session to the next indoor session.
Make-ups **DO NOT** carry over from the winter indoor session to the summer session.
Make-ups **DO NOT** carry over from the summer session to the indoor winter session.
- 4) 24 Hour Cancellation Policy on all Private Lessons and any “pay per time” drills or classes. Call (847) 729-0450 and leave a message if needed.
- 5) Junior members can book a court up to 48 hours in advance at the junior rate of \$21(per hr). Juniors may play with parents/siblings at the junior rate even if the parent or siblings are not a member.
- 6) Currently we are only accepting checks or cash. All checks should be made payable to: **Club Karzen**.



Registration Form 2017-18

How to Register - Fill out all parts of the form carefully.

For a registration to be accepted and a spot held in a membership required program, class, drill or team the participant's membership must be paid in full at the time of registration. All registrations must have the release signed and dated. Please return the form to NSRC. You will be emailed confirmation of acceptance when approved. (*Extra forms available online at www.NorthShoreRC.com*)

Check what applies: Adult Registration Junior Registration Multi-Registration

Last Name: _____ First Name: _____

Parent/Guardian Name for Juniors _____

Primary Phone: _____ Cell/Emergency Phone: _____

**Primary Email: _____ Billing

Address: _____

City: _____ State: _____ Zip: _____

**Must Include Email address for program notifications and schedules.

Please complete the class selection on the back of the form for each participant → →

If you have questions please call the club at (847) 729-0450.

Scan/send/mail/fax this form to NSRCmemberservice@northshoreRC.com. Fax: 847-729-3210

Release must be signed to accept registration. I agree that participation in the above activities is without assumption or responsibility of any kind by Club Karzen, Inc., North Shore Racquet Club. Ltd., JRK, Inc., d/b/a Jerry Karzen Tennis/Basketball or John Karzen Basketball, Inc. In consideration of the acceptance of this registration, I do hereby release and forever discharge the Club Karzen, Inc., North Shore Racquet Club. Ltd. or JRK, Inc., d/b/a Jerry Karzen Tennis/Basketball, or John Karzen Basketball, Inc. their officers, directors, employees, agents, and assigns, of and from any and all injuries, damages, claims, and demands, of any kind which may be suffered or sustained in connection with the above activities. All claims of any kind or nature whatsoever are hereby waived and I covenant not to sue. For good and valuable consideration, the Participant releases Club Karzen, Inc., North Shore Racquet Club. Ltd. or JRK, Inc., d/b/a Jerry Karzen Tennis/Basketball or John Karzen Basketball, Inc., their officers, directors, employees, agents, and assigns permission to license and use all images and sound recordings in any media and for any purpose. The Participant agrees that Club Karzen, Inc., North Shore Racquet Club. Ltd. or JRK, Inc., d/b/a Jerry Karzen Tennis/Basketball or John Karzen Basketball, Inc. has all rights to images and sound recordings for perpetuity. This agreement is irrevocable, worldwide and perpetual.

Participant Name (Print) _____

Participant Signature _____ Date: _____

IF THE PARTICIPANT IS UNDER THE LEGAL AGE OF MAJORITY(18yrs Old):

I am the parent or legal guardian of the minor above named as the Participant and I have legal authority to execute this Agreement on the Participant's behalf. I have read and fully understood the contents of this Agreement.

Parent or Guardian (print name) _____

Parent or Guardian Signature _____ Date: _____

Please use this form for all registrations.

Adult Programs and Junior Programs, Tennis/Basketball/Soccer or Fitness.

MEMBERSHIPS

Junior (Beginner/Intermediate)	\$ 95	Individual – Adult/ ^{1st} Year	\$ 247. ⁵⁰
Junior (<i>Tournament 1 – Age 24</i>) ^a	\$ 195	Individual – Adult	\$ 495
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Fitness Only	\$ 360	Family	\$ 795
		Adult Team Only	\$ 195

* 6 –9:00am / 8:00pm – Close

^a Must provide proof of age after age 18, Drivers License or Birth Certificate

^b Only one needs to be 65 or older.

Participant's First & Last Name	Class Name	Class Day & Time	Sex	Junior Birthdate
<i>Ex. Cristiano James</i>	<i>Tiny Tots Tennis</i>	<i>Monday 2:15-3:00</i>	<i>M</i>	<i>08/26/13</i>

Currently we are only accepting checks or cash.

***All checks should be made payable to: **Club Karzen** ***

For Office Use Only:

Mbr # _____ Membership Type: _____

Membership: Billed Yes No Paid: Yes No

COLLEGE TENNIS RECRUITMENT VIDEOS

Colleges cannot afford to send coaches to see every potential student-athlete across the country. The serious high school tennis player, or any athlete for that matter, needs to do all he/she can to get noticed by college recruiters.

Brett Morse-Karzen offers professionally filmed recruitment videos, highlighting a student-athlete's playing abilities. Video of a player's groundstrokes, serves, volleys, and match play allows a coach to "see" the player in action. By taking this initiative, the player is showing a college coach that they are serious about playing collegiate athletics and want to be considered.

Brett Morse-Karzen, a former All-American collegiate tennis player, understands the college tennis recruitment process and what coaches are looking for. When Brett is not out on the tennis court he is working at his video production company. He knows how important the recruitment video is and can produce a professional video that will highlight the player's skills in a format that coaches can easily access and navigate. Brett has done videos for the top 10 world ranked doubles team of Eric Butorac/Jean-Julian Rojer, as well as numerous talented juniors throughout the Midwest. His tennis recruiting video format has become the standard at TennisRecruiting.net.

When is the best time to make your video? Any time during your junior year, or early in your senior year. These can then be sent out as DVDs or you can email online links to your video to selected college coaches.

A typical package includes:

- A one-to-two hour filming session
- 10 professionally edited DVDs
- An online link to your video (private if necessary)

Price: \$450

If you are interested in a recruiting video or for more information contact Brett at (847) 924-3977 or email him at brettkarzen@gmail.com